



Mrs Koh Caiyu Principal



Mr Hansel Lin Vice-Principal



Mr Lee Seng Lee Vice-Principal



Mr Justin Ng Vice-Principal





Ms Sharon Lam **HOD English Language & Literature** 



Mrs Chew Mei Yein **HOD Mathematics** 



**Mr Collin Harms HOD Science** 



Mr Tan Wee Meng **HOD Aesthetics**, **Craft & Technology** 



Mr Goh Chin Seng **HOD PE/CCA** 



Ms Farahnaz **HOD Humanities** 



Mrs Ow Yong Chui Mei **HOD Mother Tongue Languages** 



SH Literature



re Wong Mr Chan Chee Hoe **SH Physics** 



Ms Bong Ai Wei SH CCA



Mr Wen Borui **SH Data Analytics** 



**Mr Victor Yang SH Humanities** 



Mr Choo Chee Siong Year Head (S1)



Mr Jason Soo Year Head (S2)



Mrs Mimi Ang Year Head (S3)



Mdm Fatimah Year Head (S4)



Mr Kerry He HOD ICT



Ms Foo Toye June HOD Character & Citizenship Education



Ms Koh Lin Lin HOD Partnership & Engagement



Shafie Shafie Wanagement



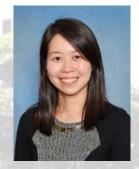
Ms Felicia Ng SH Student Well-Being



Ms Candice Soh SH Student Involvement & Agency



Ms Daphnie Conceicao SH CCE



Ms Charlene Goh SH Student Leadership



Mr Chua Weijun School Staff Developer



Mdm Kamisah Lead Teacher/ English Language



Ms Khairani Lead Teacher/ Social Studies



Ms Fadhzila Senior Teacher/ History



Mr Yah Chin Keong Senior Teacher/ Chinese Language



Mr Ridzuan Senior Teacher/ Malay Language



Mrs Tracy Teo Senior Teacher/ Chemistry



School Counsellor Special Educational
Needs Officer



Ms Chua Wan Ting Senior Teacher/ High Ability Learners



### **Transition**



### **Environment**

Primary → Secondary

**Unfamiliar Building** 

**New Friends** 



New Travelling Route/Time



### Learning

Number of Subjects

**New Subjects** 

**New Teachers** 

**New Timetable and Routines** 

**New Learning Expectations** 



### **Psychological**

Adolescent Psychology

### Seeking:

- Individual Identity
- Affirmation and Acceptance from Peers
- Independence

## Transition (\*\*)

Full SBB is part of MOE's ongoing efforts to nurture the joy of learning and develop multiple pathways to cater to the different strengths and interests of our students. It is progressively rolled-out to more secondary schools each year from 2020 to 2024. By 2024, all secondary schools would have implemented FSBB.



<u>Mixed Form Class</u> at Lower Secondary - Each form class will comprise of students taking different courses. This will allow more opportunities for students to interact with other students taking different subject combinations, and with different strengths and interests



### Common Curriculum

Students in the mixed form class will take these subjects at a common level. They are:

Art, Character and Citizenship Education, Design & Technology, Food & Consumer Education, Music and Physical Education



### Posting Group vs G1/2/3 (No longer NT/NA/Express)

To facilitate posting to secondary schools – posting groups 1/2/3 are being used. Students in the different posting groups will likely study most subjects at the corresponding level e.g. Students in PG2 will do most of the subjects at G2 level unless they meet the criteria to study it at a more demanding level. In 2027, students will then sit for new Singapore-Cambridge Secondary Education Certificate (SEC) examination



### Take a Subject at a more demanding level

Students can offer English Language, Mother Tongue Languages, Mathematics and Science at a more demanding level from Secondary 1 based on PSLE AL for each subject (at least AL 5 to study at G3 and 6 to study at G2)



### Humanities at a more demanding level

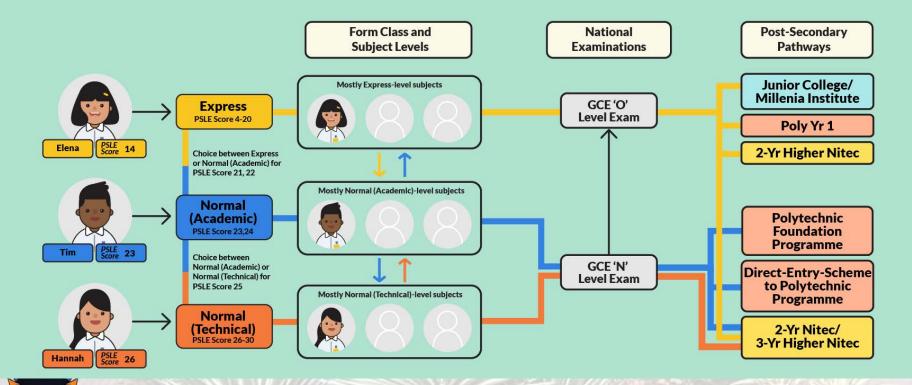
Students can offer Humanities subject (Geography, History and Literature in English) at a more demanding level at Secondary 2 based on aptitude for and interest in these subjects at secondary 1.



## Secondary School Experience and Post-Secondary Pathways Before Full SBB



Based on their PSLE scores, students are allocated to the Express, Normal (Academic) and Normal (Technical) streams, and admitted into Secondary schools in these three streams. These academic streams largely determine students' access to subjects and programmes in secondary school, and post-secondary pathways.

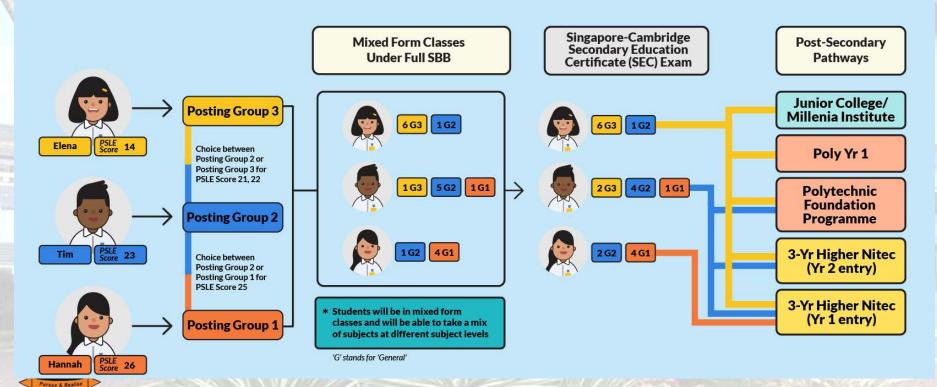


## Transition (\*\*)

## Secondary School Experience and Post-Secondary Pathways <u>Under Full SBB</u>



From 2024 Sec 1 cohort onwards, Posting Groups will be used to facilitate the admission of students to secondary schools. Once students are posted to Sec 1, they will have a school experience that better caters to their different strengths, interests, and learning needs, no longer distinguished by academic streams. There will be greater flexibility for students to customise their learning. Students will have more options for their post-secondary pathways, while ensuring they have strong fundamentals, and can thrive in their chosen pathway.

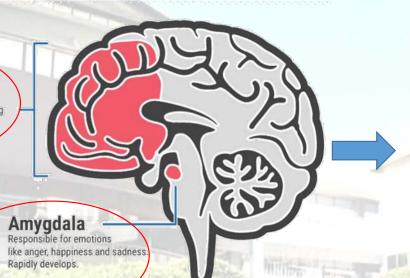




### **Prefrontal cortex**

Responsible for thinking, reasoning and logic. Not fully developed.

Development will continue into their 20s





SIPRESS

"How am I supposed to think about consequences before they happen?"

 More curious about new experiences; higher risk taking; activities that feed their dopamine (e.g. gaming, almost immediate reward-related activities)

- Confusion & tension between 'what should be done' vs 'how they are feeling'
- Crave for approval and affirmation



## **How can Parents Support?**

- Establish a New level of Trust and Respect
- Set Clear Boundaries
  - Time at school, with friends, to reach home
  - Smart Devices & Social Media Boundaries
  - Behavioural Boundaries
- Share your concerns openly
  - It is okay to also express vulnerability as an adult



## How will PRCS support?

- Building self-management, social awareness and management of each student is critical
- Care Culture
  - Strong Rapport and Relationship with Home Tutors (at least 2 per class)
  - Peer Support Leaders and Seniors
  - Class Bonding
    - Ownership of Classroom environment
    - Orientation (Start-it-Right)
    - Cheering Competition
    - Crest Challenges
  - Regular Check-ins by Year Heads and School Leaders
  - Qualitative Feedback on overall development
- Developmental Opportunities for each student



## **PRCS** Experiences

Start-it-Right (Orientation)
SBB Confirmation
Parent-Tr Meeting
CCA Carnival and Trials
Briefing by SC and SENO
SIL (Digital Portfolio)
ICT Skills Enrichment
Mother Tongue Fortnight
Start of Crestian Learning Day

Literary Week
Cheering Competition
ICT Skills Enrichment
Enhanced ALP
PLD onboarding

Term 2 Class Test
Experiential Learning
Programme
Parent-Tr Meeting
SIL (Digital Portfolio)

Jan

Feb

Mar

Apr

May

Jun

ICT Skills Enrichment
CCA Trials
Class Committee Training
Term 1 Class Test

Term 2 Class Test Cross Country



Crestian Learning Day: Even Week Friday

### Work with us to Build

- S Supportive Environment
- U Understanding of Self (students)
- P Positive Reinforcements and Consistent Messaging
- P Partnership with School
- O Observation
- R Routines
  - Track and Monitor







- Talks on Parenting, Social Media/Gaming Management, Mental Health
- Bonding Workshops for Parents and Parent-Child
- Support in School Activities









Work with the school to support and enrich the learning experiences of Crestians













Encourage
parental
involvement in
school
activities and
peer support
among parents





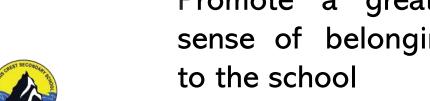






Create opportunities for parent and child to bond

> Promote a greater sense of belonging









## Join us!

PRCS PSG sign-up











# Care Corner Singapore Families For Life

### **Common Parentings Issues Faced During This Transition**





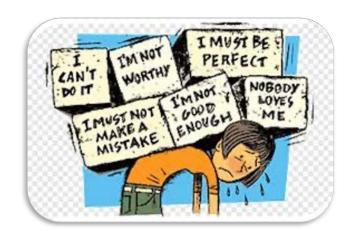
Digital Wellness Related



Parent-Child Relationship



Friendship Issues



Self-esteem



**Emotions Management** 



### **Ready Together for Sec 1: Confident Parenting with Positive Strategies**

**Exclusive for Parents of Secondary 1 Child** Studying/Staying in Punggol/Pasir Ris/Tampines

### Join us to

- See Your Teen's Perspective
  - **W** Understand their world and emotions
- (V) Co-create responsibility
  - **⊘** Share ownership of routines and choices
- **(V)** Coach Self- Discipline & Problem Solving
  - **⊘** Guide them to manage challenges
- **W** Help Build Connections with Family and Friends
  - **⊘** Create lasting bonds with family and friends





Date: 24 Ian 2026 Time: 9am to 11.30am

Session 2

Date: 27 Ian 2026 Time: 7.30pm to 9.30pm



**Conducted virtually** 







Scan me!

FREE!

PARENTING

SEMINARS



- · One person per registration
- · Spouse will need to register individually
- Parents are encouraged to attend both sessions

#### Organised by:

**Care Corner Families For Life** 

ffl@carecorner.org.sg

6978 4090

Positive Parenting Programme is an endorsed programme by MSF





### **Supporting Our Teenagers Through Transitions**

Calling all parents of Secondary 1 students, find out how you can support your child through their upcoming transition using Triple P principles

> 24 and 27 Jan **SIGN UP NOW!**

# Parenting Clinic A one-to-one consultation programme





### SIGN UP HERE







## Briefing by Year Head

## Secondary 1 Registration form

 For parents who have not yet completed the registration form, please refer to the PG message or scan the QR code to complete your registration.





# TRANSITING TO SECONDARY 1

- A successful transition is made when the child can make sense of, adapt to life in secondary school, and make progress in different areas of learning and development.
- Differences between Primary School and Secondary School:
  - Longer school hours
  - Increased commitment to CCAs
  - More subjects and school programmes
  - Making new friends
  - Greater peer influence
  - Greater independence
- More information and tips will be provided by the Home Tutors (a.k.a Form Teachers) during the Sec 1 PTM and CCA open house on 17 Jan (Sat).



# TRANSITING TO SECONDARY 1

### · A smooth transition:

- Buddy system, Peer Support Leaders, Orientation activities etc
- Home Tutors (Form Teachers) and Year Head check in with students
- Teacher student Conference
  - Feels safe and comfortable in their new environment.
  - Able to manage the daily challenges of school life.
- School-Home Partnership
  - Parents are the child's moral compass



# Start-It-Right Programme

- Start-it-Right Programme (an orientation programme) will be conducted from Fri and Fri (2 Jan) and following Mon to Wed (5, 6 and 7 Jan) to help your child/ward transit smoothly into secondary school life.
- The programme will include games to bond with their classmates and introduction to the teachers and school environment. It will end off with a ceremony to signify the completion of the programme and also welcoming them into the Crestians Family. Parents are invited
   for the ceremony.
- The attire is school PE shirt with PE shorts/pants or the Primary school PE attire.



## Orientation Programme

Date	Reporting time	Dismissal time	Programme
2 Jan	7.25 a.m.	12.40 p.m.	Orientation activities conducted by our Crestian Senior Leaders in school.
5 Jan	7.25 a.m.	2.00 p.m.	Bring \$3.50 for photo taking on 5 Jan, Monday.
			Canteen is open for recess and lunch on both days.
6 Jan	7.25 a.m.	7.00 p.m.	Day camp where there will be team bonding activities and campfire conducted in school.
BOOST SECONDARY			Canteen is open for recess and lunch.  Halal packed meal will be catered during dinner for all students.

## Orientation Programme

Date	Reporting time	Dismissal time	Programme
7 Jan	9.00 a.m.	2.00 p.m.	Sports Education Programme - Sports Exposure Bowling workshop at external venues. Students are advised to have breakfast before reporting to school, as there will be no break during the workshop.
			Ends off with a closing ceremony where parents/guardians are invited to accompany the child/ward in their completion of several days of activities, signifying the new beginning in his/her secondary school life.
SECONOMY CONOMY			Parents/guardians are to be seated in the school hall by 1.30p.m

## First day of School

Reporting Time	7.25 a.m. (In their allocated classroom at level four)	
Attire:	PRCS PE shirt/PE shorts or Primary school PE attire	
Shoes:	Predominantly white in colour	
Socks:	White with no logo	

## First day of School

- · Items to bring:
  - An English story book for Reading Period
  - Stationery
- Bring a photocopy of the following documents for the Pupil Confidential File:
  - Passport/Student Pass (for foreign student only)
  - · PSLE Results Slip
  - Mother Tongue Language exemption letter (if applicable)
  - Any documents deemed useful by parents/guardians (e.g. Medical Report)



## Reporting Time, Attire and Dismissal Timings for Normal School Days

Day	Reporting Time	Dismissal Time	CCA Time	School attire
Monday	7.25 a.m.	2.00 p.m.	-	Full School Uniform only
Tuesday	7.25 a.m.	3.10 p.m.	3.15 p.m. to 5.45 p.m.	Full School Uniform OR PE t-shirt with school bermudas or school skirt
Wednesday	9.05 a.m.	2.40 p.m.	-	
Thursday	7.50 a.m.	3.10 p.m.	3.15 p.m. to 5.45 p.m.	
Friday	7.50 a.m.	12.40 p.m.	-	

CCA trials during CCA sessions on 27, 29 Jan, 3, 5 and 10 February 2026 until 5.45 pm on Tuesday and Thursday.

CCA will only commence on **Thursday, 26 February 2026** for Secondary One students



For safety reasons, students are **not allowed** to leave the school premises for lunch before CCA or any afternoon activities.

## Passport-sized photographs

- School will arrange to take passport-sized photographs of individual students on Week 1, Monday, 5 January 2026.
- · 4 passport-sized photographs for \$3.50.
- Payment to be made directly to the vendor.
- These photographs will be used for student's confidential file, report book and school matters.



# Secondary 1 Parent Teacher Meeting and CCA Open House

Date: Saturday, 17 January 2026

. Time: **8.00 a.m. to 11.00 a.m.** 

Venue: Pasir Ris Crest Secondary School Hall

- Sharing on CCA policy and adjustment to secondary school life
- Interaction between Sec 1 Home Tutor and parents
- · CCA showcase



## **Road Safety**

- To ensure the safety of your child, we seek your cooperation in the following:
  - Parents can drop off child/ward at the bus stop just outside the school.
  - Parents who drive your child/ward to school are to <u>turn left</u> when exiting the school. Please note that a <u>'No Right Turn' sign</u> has been installed at the school exit. The sign will be in operation during the stipulated timings. This measure will help to streamline traffic flow during peak timings at the school entrance.
  - Kindly follow the traffic markings within the school and only drop off your child/ward at the designated drop off point, i.e. the School Tower.
  - Remind your child not to jaywalk but always use the pedestrian crossings.
  - Advise your child **not to use** earphones/headphones or use his/her mobile phone when walking to school, as it would reduce his/her level of alertness of the traffic condition.



### Smart wearable Policy (Handphone and smart watch)

### **Purpose**

- To help students stay focused on learning
- To encourage more face-to-face interaction

### **Smart Wearable Policy**

- All smart wearables are not allowed during school hours, including recess, lunch, CCAs, and enrichment programmes
- Students are to keep their smart wearables in their lockers

#### **Mobile Phones & Communication**

- Students are not required to bring mobile phones to school
- Teachers will not require students to use mobile phones during lessons or after school
- Teachers will not create WhatsApp or messaging groups with students





## Art Elective Programme (AEP) Music Elective Programme (MEP)

- 4 year programme leading to O-level Higher Art syllabus / O-level Higher Music syllabus at Sec 4
- Weekly lesson at another school. Art at National Junior College and Music at Dunman High School and Anglo Chinese School (Independent)
- https://www.moe.gov.sg/education-in-sg/ourprogrammes/aep-sec
- https://www.moe.gov.sg/education-in-sg/ourprogrammes/mep-sec/overview

## **Should I apply for AEP/MEP Centres?**

Enrolling in AEP/MEP centres needs dedication!

#### You would have to

- Manage your time well because you would need to travel to Centres for lessons one afternoon a week.
- ii. Commit to the scheduled lessons, assignments and additional projects.



# Contact Details



#### Student-related matters:

- Mr Choo Chee Siong (Year Head, Secondary 1)
- Tel: 6581 1655 (Ext 112) Email address:
   choo\_chee\_siong@schools.gov.sg

### Administrative-related matters:

- Mdm Charmaine Chan (Administration Manager)
- Tel: 6581 1655 (Ext 103) Email address: charmaine\_chan@schools.gov.sg

### · CCA-related matters:

- Mr Goh Chin Seng (HOD PE/CCA)
- Tel: 6581 1655 (Ext 115) Email address: goh\_chin\_seng@schools.gov.sg



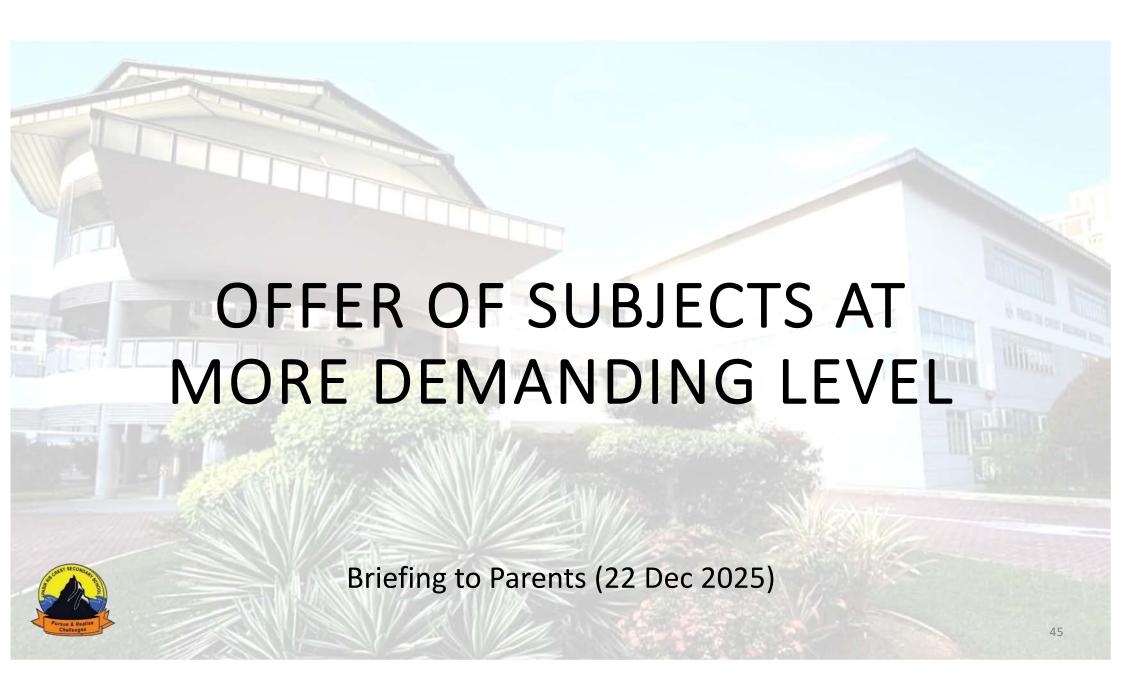
# Contact Details

 Should you have any clarifications, you may send us an email at prcss@moe.edu.sg or contact the following personnel:

### School counsellor:

- Mdm Suzanah
- Email address: suzanah\_ohorella\_yusope@schools.gov.sg
- Special Education Needs (SEN) officer:
- Mdm Lynette Ong
- Email address: ong\_jun\_yi\_lynette@schools.gov.sg





### **Offering Subjects at More Demanding Levels**



 For English Language, Mother Tongue Languages, Mathematics and/or Science, students can offer them at the start of Secondary 1 at a more demanding level if they meet the eligibility criteria.

Eligibility criteria for <u>English Language, Mathematics, Science,</u> <u>Mother Tongue Languages</u>				
Posting Group	PSLE Standard grade	PSLE Foundation grade	Option to offer subject at	
PG2	AL 5 or better	-	G3	
PG1	AL 5 or better	-	G2 / G3	
	AL 6	AL A	G2	

 Students can offered English Language, Mother Tongue Languages, Mathematics and/or Science at a more demanding level at S1 Mid-Year and from Secondary 2 onwards, based on their results in Secondary 1



Students can offer **Humanities subjects** at a more demanding level **from Secondary 2 onwards**, based on their results in Secondary 1

## Support for Students



Students are encouraged to continue with the subjects at more demanding level **until the end of Secondary 2**, regardless of grades achieved, since it takes time for students to adjust to the higher level of rigour.



The school will continue to **provide the necessary scaffolding** for students to cope with the respective subjects at a more demanding level.





The teachers will also conduct bridging or remedial lessons (if necessary) for students taking subjects at a more demanding level.

### TIMELINE

- 1. Parents will receive the letter of offer notification via the Parents Gateway.
- 2. Inform the school, if you do not have access to Parents Gateway. Do provide alternate way(s) to contact you.
- 3. Please indicate if your child accepts or rejects the offer by Wednesday, 24 Dec 2025, 12 noon.

## Textbook (Section C)

Subject	Title of Book		
Literature (G3/G2)	Wonder (By R. J. Palacio) (Random House Children's)		
Mathematics (G3)	think! Mathematics G3 Textbook 1A (8th Edition) NEW!		
	think! Mathematics G3 Textbook 1B (8th Edition) NEW!		
Mathematics (G2)	think! Mathematics G2 Textbook 1A (2nd Edition) NEW!		
	think! Mathematics G2 Textbook 1B (2nd Edition) NEW!		
Mathematics (G1)	Maths 20/20 G1 Textbook 1A NEW!		
	Maths 20/20 G1 Textbook 1B NEW!		
	Maths 20/20 G1 Workbook 1A NEW!		
	Maths 20/20 G1 Workbook 1B NEW!		
Science (G3/G2)	Science For Lower Secondary G3/G2 Textbook 1A (Revised Edn)		
	Science For Lower Secondary G3/G2 Textbook 1B (Revised Edn)		
	Science For Lower Secondary G3/G2 Activity Book 1A (Revised Ed		
	Science For Lower Secondary G3/G2 Activity Book 1B (Revised Ed		
Science (G1)	Science For Lower Secondary G1 Textbook (Revised Edn) NEW!		
	Science For Lower Secondary G1 Activity Book (Revised Edn) NEV		

 If your child is taking the subject(s) at more demanding level, please refer to the book list for the appropriate textbooks/workbooks to purchase.





Should you have any enquiries on

Matters relating to offer of subject(s) at more
demanding level, please email to:
soo\_yee\_siong\_jason@schools.gov.sg
choo\_chee\_siong@schools.gov.sg

